

# Let's get *moving!*



Sit to stand 'three peaks' challenge

## Beacon Hill Sedgley



Beacon Hill, more commonly referred to as Sedgley Beacon, is the highest point in Dudley borough and one of the highest points in the West Midlands, at 237 metres (778 ft) above sea level.

From the summit Wolverhampton, Walsall and Birmingham are all visible as is the Staffordshire, Shropshire and Welsh countryside to the West.

The hill is so named as historically it was one in a series of prominent locations with beacons on top, where a fire would be lit as a signal during times of war or invasion. The Sedgley beacon lies between beacons at Barr Beacon and Cannock Chase.

At the highest point, a Grade II listed tower erected in 1846 by Lord Wrottesley for astronomy, stands on the site of an earlier tower, which sits on the spot of the original beacon.

When the tower was climbable the Bristol Channel was visible on a clear day.

Total height: 781 feet.

Total ascent: 223 feet

**Total Sit to Stands: 220**

